

Umatilla-Morrow Co.
Head Start, Inc.
2011-2012

Celebrating



Years of Service

Grant County
Community Resource Guide

Stronger Families, Better Communities, Brighter Futures

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CRISIS NUMBERS

Oregon AIDS Hotline	1-800-777-2437
National AIDS Hotline	1-800-232-4636
SIDA-AIDS Hotline for Spanish.....	1-800-344-7432
AIDS Hotline TTY	1-888-232-6348
Alcohol and Drugs Hotline	1-800-621-1646
Bulimia and Anorexia Self-Help	1-800-227-4785
Domestic Violence Saving Grace-Battering & Rape Alliance.....	1-800-799-7233
Gambling Hotline.....	1-800-233-8479
Health Care-Oregon Health Plan	1-800-359-9517
Missing Children Hotline (24 hours)	1-800-843-5678
National Child Abuse Hotline.....	1-800-422-4453 or 1-800-252-2873
National Cocaine Hotline.....	1-800-262-2463
National Crisis Helpline.....	1-800-784-2433
National Domestic Violence Hotline	1-800-799-7233
TTY.....	1-800-787-3224
National Federation of Parents for Drug-Free Youth	1-800-554-5437
National Pregnancy Hotline	1-800-853-5683
Parents Anonymous	1-800-345-5044
R.A.V.E.N. Men Who Abuse	314-725-6137
Poison Control Center.....	1-800-222-1222
Runaways Hotline (24 hours)	1-800-999-9999
Runaway Counseling Hotline	1-800-621-4000
National Sexually Transmitted Disease Hotline.....	1-800-227-8922
Suicide Prevention Hotline	1-800-422-7558

HELP NUMBERS

Alzheimer's Disease and Related Disorders Association.....	1-800-621-0376
Alzheimer's Resource Center.....	1-800-422-7861
American Cancer Information.....	1-800-227-2345
American Diabetes Association.....	1-800-232-3472
American Foundation for the Blind.....	1-800-232-5463
American Heart Association Oregon Affiliate Inc.....	1-800-452-9445
American Kidney Fund.....	1-800-638-8299
American Mental Health Fund.....	1-800-433-5959
Anorexia Bulimia Treatment and Education Center.....	1-800-333-4444
Area Agency on Aging.....	1-800-452-8112
Asbestos Information.....	503-229-5982
Association for Retarded Citizens (ARC).....	1-800-452-0131
Boys and Girls Aid Society.....	1-877-932-2734
Cancer Lifeline.....	1-800-255-5505
Car Seat Information.....	1-800-772-1315
Care Unit Hospital Program (National-Chem. Dep.).....	1-800-854-0318
Child Care Resource & Referral.....	1-800-559-5878
Congressman Bob Smith.....	1-800-533-3303
Consumer Credit Counseling.....	1-800-285-4605
Consumer Product Safety Commission.....	1-800-638-2772
DHHS Inspector General's Hotline.....	1-800-368-5779
Divorce Service.....	1-800-452-5546
ECOAC.....	1-800-452-8111
Governor - Oregon.....	1-800-322-6345
Grapevine (Information on Deafness).....	1-800-352-8888
Handicapped Programs Information.....	1-800-424-8567
Help line for Alcohol and Drugs.....	1-800-621-1646
Health Care.....	1-800-525-0480
Hill-Burton (Hospital Free Care).....	1-800-638-0742
Housing Discrimination Complaints.....	1-800-424-8590
Huntington's Disease Society of America Hotline.....	1-800-345-4372
IRS.....	1-800-424-1040
Job Accommodation Network.....	1-800-526-7234
Lions Eye Bank of Oregon.....	1-800-843-7793
Literacy Line.....	1-800-322-8715
Marrow Donor Program.....	1-800-950-1050 or 1-800-526-7809
Medicare Hotline.....	1-800-452-0125
National Alliance for the Mentally Ill.....	1-800-950-6264
National Child Safety Council Child Watch.....	1-800-222-1464
National Depression Screening Project.....	1-800-573-4433
National Mental Health Association.....	1-800-969-6642
National Mental Health Services Knowledge Exchange Network.....	1-800-789-2647
National Pesticide Telecommunications Network.....	1-800-858-7378
Need a Lawyer.....	1-800-452-7636
Nursing Home Ombudsman.....	1-800-522-2602
Oregon Developmental Disabilities Council.....	1-800-292-4154
Oregon Health Care Plan.....	1-800-359-9517
Oregon Road Conditions.....	1-800-977-6368
Oregon SafeNet for Women Children & Teens.....	1-800-723-3638

Oregon State Health Division	1-800-422-6012
Oregon Tobacco Quit Line.....	1-877-270-7867
OHSU Organ Donor Program.....	503-229-7888
The Orton Dyslexia Society.....	1-800-222-3123
Parent's Help line.....	1-800-345-5044
Services for the Blind.....	1-800-552-7103
Smoke-Free Line.....	1-800-223-8023
Social Security Administration	1-800-772-1213
St. Anthony Hospital.....	1-800-826-6908
Tax Help (free).....	1-888-227-7669
Umatilla Housing Authority	1-800-221-6729
Veterans Affairs Department	1-800-828-8801
Volunteer Tax Assistance Program.....	1-888-687-2277
1-800 Number for other 800 numbers.....	1-800-555-1212

OREGON LEGISLATURE OREGON STATE SENATORS

Dist.	Party	Name	Address	Telephone	e-mail	Website
1	R	Kruse, Jeff	900 Court St. NE., S316, Salem, OR 97301 636 Wild Iris Lane, Roseburg, OR 97470	503-986-1701 541-673-7201	Sen.jeffkruse@state.or.us	www.leg.state.or.us/kruse
2	R	Atkinson, Jason	900 Court St. NE., S-415, Salem, OR 97301 PO Box 1704, Grants Pass, OR 97528	503-986-1702 541-955-0911	Sen.jasonatkinson@state.or.us	www.leg.state.or.us/atkinson
3	D	Bates, Alan C.	900 Court St. NE., S-205, Salem, OR 97301	503-986-1703	Sen.alanbates@state.or.us	www.leg.state.or.us/bates
4	D	Prozanski, Floyd	900 Court St. NE., S-417, Salem, OR 97301 PO Box 11511, Eugene, OR 97440	503-986-1704 541-342-2447	Sen.floydprozanski@state.or.us	www.leg.state.or.us/prozanski
5	D	Verger, Joanne	900 Court St. NE., S-401, Salem, OR 97301 3696 Boradway PMB 344, North Bend, OR 97459	503-986-1705 541-756-4140	Sen.joanneverger@state.or.us	www.leg.state.or.us/verger
6	D	Morrisette, Bill	900 Court St. NE., S-207, Salem, OR 97301	503-986-1706	Sen.billmorrisette@state.or.us	www.leg.state.or.us/morrisette
7	D	Edwards, Chris	900 Court St. NE., S-309, Salem, OR 97301	503-986-1707	Sen.chrisedwards@state.or.us	www.leg.state.or.us/edwardsc
8	R	Morse, Frank	900 Court St. NE., S-311, Salem, OR 97301	503-986-1708	Sen.frankmorse@state.or.us	www.leg.state.or.us/morse
9	R	Girod, Fred	900 Court St. NE., S-421, Salem, OR 97301	503-986-1709	Sen.fredgirod@state.or.us	www.leg.state.or.us/girod
10	R	Winters, Jackie	900 Court St. NE., S-301, Salem, OR 97301	503-986-1710	Sen.jackiewinters@state.or.us	www.leg.state.or.us/winters
11	D	Courtney, Peter	900 Court St. NE., S-201, Salem, OR 97301	503-986-1711	Sen.petercourtney@state.or.us	www.leg.state.or.us/senpres
12	R	Boquist, Brian	900 Court St. NE., S-305, Salem, OR 97301	503-986-1712	Sen.brianboquist@state.or.us	www.leg.state.or.us/boquist
13	R	George, Larry	900 Court St. NE., S-307, Salem, OR 97301	503-986-1713	Sen.larrygeorge@state.or.us	www.leg.state.or.us/georgel
14	D	Hass, Mark	900 Court St. NE., S-419, Salem, OR 97301	503-986-1714 503-641-2742	Sen.markhass@state.or.us	www.leg.state.or.us/hass
15	R	Starr, Bruce	900 Court St. NE., S-411, Salem, OR 97301	503-986-1715	Sen.brucestarr@state.or.us	www.leg.state.or.us/starrb
16	D	Johnson, Betsy	900 Court St. NE., S-215, Salem, OR 97301	503-986-1716	Sen.betsyjohanson@state.or.us	www.leg.state.or.us/johnson
17	D	Bonamici, Suzanne	900 Court St. NE., S-403, Salem, OR 97301 PO Box 990, Beaverton, OR 97075	503-986-1717 503-627-0246	Sen.suzannebonamici@state.or.us	www.leg.state.or.us/bonamici
18	D	Burdick, Ginny	900 Court St. NE., S-213, Salem, OR 97301	503-986-1718	Sen.ginnyburdick@state.or.us	www.leg.state.or.us/burdick
19	D	Devlin, Richard	900 Court St. NE., S-223, Salem, OR 97301	503-986-1700	Sen.richarddevlin@state.or.us	www.leg.state.or.us/devlin
20	D	Schrader, Martha	900 Court St. NE., S-425, Salem, OR 97301	503-986-1720	Sen.marthaschrader@state.or.us	www.leg.state.or.us/schrader
21	D	Rosenbaum, Diane	900 Court St. NE., S-405, Salem, OR 97301 1125 SE Madison St, Suite 100B, Portland, OR 97214	503-986-1721 503-231-9970	Sen.dianerosenbaum@state.or.us	www.leg.state.or.us/rosenbaum
22	D	Shields, Chip	900 Court St. NE., S-209, Salem, OR 97301 5313 N. Vancouver Ave, Portland, OR 97217	503-986-1722 503-282-6846	Sen.chipshields@state.or.us	www.leg.state.or.us/shieldsc
23	D	Dingfelder, Jackie	900 Court St. NE., S-407, Salem, OR 97301 PO Box 13432, Portland, OR 97213	503-986-1723 503-493-2804	Sen.jackiedingfelder@state.or.us	www.leg.state.or.us/dingfelder
24	D	Monroe, Rod	900 Court St. NE., S-409, Salem, OR 97301	503-986-1724	Sen.rodmonroe@state.or.us	www.leg.state.or.us/monroe
25	D	Monnes-Anderson, Laurie	900 Court St. NE., S-413, Salem, OR 97301 PO Box 1531, Gresham, OR 97030	503-986-1725 503-618-3071	Sen.laruiettesanderson@state.or.us	www.leg.state.or.us/monnesanderson
26	D	Metsger, Rick	900 Court St. NE., S-315, Salem, OR 97301	503-986-1726	Sen.rickmetsger@state.or.us	www.leg.state.or.us/metsger
27	R	Telfer, Chris	900 Court St. NE., S-423, Salem, OR 97301	503-986-1727	Sen.christelfer@state.or.us	www.leg.state.or.us/telfer
28	R	Witsett, Doug	900 Court St. NE., S-303, Salem, OR 97301 23131 N. Poe Valley Rd., Klamath Falls, OR 97603	503-986-1728 541-882-1315	Sen.dougwhitsett@state.or.us	www.leg.state.or.us/whitsett
29	R	Nelson, David	900 Court St. NE., S-211, Salem, OR 97301 1407 NW Horn Ave., Pendleton, OR 97801	503-986-1729 541-278-2332	Sen.davidnelson@state.or.us	www.leg.state.or.us/nelson_david
30	R	Ferrioli, Ted	900 Court St. NE., S-323, Salem, OR 97301	503-986-1950	Sen.tedferrioli@state.or.us	www.leg.state.or.us/ferrioli

OREGON STATE REPRESENTATIVES

Dist.	Party	Name	Address	Phone #	e-mail address	Website
1	R	Krieger, Wayne	900 Court St. NE, H-381, Salem, OR 97301	503-986-1401	rep.waynekrieger@state.or.us	www.leg.state.or.us/krieger
2	R	Freeman, Tim	900 Court St. NE, H-371, Salem, OR 97301	503-986-1402	rep.timfreeman@state.or.us	www.leg.state.or.us/freeman
3	R	Maurer, Ron	900 Court St. NE, H-372, Salem, OR 97301	503-986-1403 541-474-5456	rep.ronmaurer@state.or.us	www.leg.state.or.us/maurer
4	R	Richardson, Dennis	900 Court St. NE, H-373, Salem, OR 97301 55 South 5th St., Central Point, OR 97502	503-986-1404 541-601-0083	rep.dennisrichardson@state.or.us	www.leg.state.or.us/richardson
5	D	Buckley, Peter	900 Court St. NE, H-286, Salem, OR 97301 71 Dewey St., Ashland, OR 97520	503-986-1405 541-488-9180	rep.peterbuckley@state.or.us	www.leg.state.or.us/buckley
6	R	Esquivel, Sal	900 Court St. NE, H-483, Salem, OR 97301	503-986-1406	rep.salesquivel@state.or.us	www.leg.state.or.us/esquivel
7	R	Hanna, Bruce L.	900 Court St. NE, H-395, Salem, OR 97301	503-986-1407	rep.brucehanna@state.or.us	www.leg.state.or.us/hanna
8	D	Holvey, Paul	900 Court St. NE, H-275, Salem, OR 97301	503-986-1408	rep.paulholvey@state.or.us	www.leg.state.or.us/holvey
9	D	Roblan, Arnie	900 Court St. NE, H-272, Salem, OR 97301	503-986-1409	rep.arnieroblan@state.or.us	www.leg.state.or.us/roblan
10	D	Cowan, Jean	900 Court St. NE, H-376, Salem, OR 97301 3101 SE Ferry Slip Rd. #322, Newport, OR 97365	503-986-1410 541-869-4233	rep.jeancowan@state.or.us	www.leg.state.or.us/cowan
11	D	Barnhart, Phil	900 Court St. NE, H-383, Salem, OR 97301 PO Box 71188, Eugene, OR 97401	503-986-1411 541-607-9207	rep.philbarnhart@state.or.us	www.leg.state.or.us/barnhart
12	D	Beyer, E. Terry	900 Court St. NE, H-277, Salem, OR 98301 PO Box 131, Springfield, OR 97477	503-986-1412 541-726-2533	rep.terrybeyer@state.or.us	www.leg.state.or.us/beyert
13	D	Nathanson, Nancy	900 Court St. NE, H-280, Salem, OR 97301 PO Box 41895, Eugene, OR 97404	503-986-1413 541-343-2206	rep.nancynathanson@state.or.us	www.leg.state.or.us/nathanson
14	D	Hoyle, Val	900 Court St. NE, H-283, Salem, OR 97301	503-986-1414	rep.valhoyle@state.or.us	www.leg.state.or.us/hoyle
15	R	Olson, Andy	900 Court St. NE, H-478, Salem, OR 97301	503-986-1415	rep.andyolson@state.or.us	www.leg.state.or.us/olson
16	D	Gelser, Sara	900 Court St. NE, H-285, Salem, OR 97301	503-986-1416	rep.saragelser@state.or.us	www.leg.state.or.us/gelser
17	R	Sprenger, Sherrie	900 Court St. NE, H-473, Salem, OR 97301	503-986-1417	rep.sherriesprenger@state.or.us	www.leg.state.or.us/sprenger
18	R	Gilliam, Vic	900 Court St. NE, H-389, Salem, OR 97301 PO Box 158, Silverton, OR 97381	503-986-1418	rep.vicgilliam@state.or.us	www.leg.state.or.us/gilliam
19	R	Cameron, Kevin	900 Court St. NE, H-390, Salem, OR 97301	503-986-1419	rep.kevincameron@state.or.us	www.leg.state.or.us/cameron
20	R	Berger, Vicki	900 Court St. NE, H-479, Salem, OR 97301 805 Kingwood Dr. NW, Salem, OR 97304	503-986-1420	rep.vickiberger@state.or.us	www.leg.state.or.us/berger
21	D	Clem, Brian	900 Court St. NE, H-284, Salem, OR 97301 3380 Mistletoe Rd., Dallas, OR 97338	503-986-1421	rep.brianclem@state.or.us	www.leg.state.or.us/clem
22	D	Komp, Betty	900 Court St. NE, H-273, Salem, OR 97301	503-986-1422	rep.bettykomp@state.or.us	www.leg.state.or.us/komp
23	R	Thompson, Jim	900 Court St. NE, H-388, Salem, OR 97301	503-986-1423 503-508-0919	rep.jimthompson@state.or.us	www.leg.state.or.us/thompson
24	R	Weidner, Jim	900 Court St. NE, H-387, Salem, OR 97301	503-986-1424	rep.jimweidner@state.or.us	www.leg.state.or.us/weidner
25	R	Thatcher, Kim	900 Court St. NE, H-472, Salem, OR 97301 PO Box 9111, Salem OR 97305	503-986-1425 503-932-6382	rep.kimthatcher@state.or.us	www.leg.state.or.us/thatcher
26	R	Wingard, Matt	900 Court St. NE, H-474, Salem, OR 97301 28356 SW Wagner St., Wilsonville, OR 97070	503-986-1426 503-685-7346	rep.mattwingard@state.or.us	www.leg.state.or.us/wingard/
27	D	Read, Tobias	900 Court St. NE, H-490, Salem, OR 97301 PO Box 2101, Beaverton, OR 97075	503-986-1427	rep.tobiasread@state.or.us	www.leg.state.or.us/read
28	D	Barker, Jeff	900 Court St. NE, H-491, Salem, OR 97301	503-986-1428	rep.jeffbarker@state.or.us	www.leg.state.or.us/barker
29	D	Riley, Chuck	900 Court St. NE, H-274, Salem, OR 97301 250 NE Hillwood Dr., Hillsboro, OR 97124	503-986-1429 503-579-8302	rep.chuckriley@state.or.us	www.leg.state.or.us/riley

Dist.	Party	Name	Address	Phone #	e-mail address	Website
30	D	Edwards, David	900 Court St. NE, H-384, Salem, OR 97301	503-986-1430	rep.davidedwards@state.or.us	www.leg.state.or.us/edwardsd
31	D	Witt, Brad	900 Court St. NE, H-374, Salem, OR 97301	503-986-1431	rep.bradwitt@state.or.us	www.leg.state.or.us/witt
32	D	Boone, Deborah	900 Court St. NE, H-375, Salem, OR 97301 PO Box 928, Cannon Beach, OR 97110	503-986-1432 503-717-9182	rep.deborahboone@state.or.us	www.leg.state.or.us/boone
33	D	Greenlick, Mitch	900 Court St. NE, H-492, Salem, OR 97301 712 NW Spring Ave., Portland, OR 97229	503-986-1433 503-297-2416	rep.mitchgreen@state.or.us	www.leg.state.or.us/greenlick
34	D	Harker, Chris	900 Court St. NE, H-485, Salem, OR 97301 PO Box 1368, Beaverton, OR 97075	503-986-1434	rep.chrisharker@state.or.us	www.leg.state.or.us/harker
35	D	Doherty, Margaret	900 Court St. NE, H-282, Salem, OR 97301	503-986-1435	rep.margaretdoherty@state.or.us	www.leg.state.or.us/doherty
36	D	Nolan, Mary	900 Court St. NE, H-295, Salem, OR 97301 PO Box 1686, Portland, OR 97207	503-986-1436 503-221-4999	rep.marynolan@state.or.us	www.leg.state.or.us/nolan
37	R	Bruun, Scott	900 Court St. NE, H-477, Salem, OR 97301	503-986-1437	rep.scottbruun@state.or.us	www.leg.state.or.us/bruun
38	D	Garrett, Chris	900 Court St. NE, H-377, Salem, OR 97301	503-986-1438	rep.chrisgarrett@state.or.us	www.leg.state.or.us/garrett
39	R	Kenemer, Bill	900 Court St. NE, H-380, Salem, OR 97301	503-986-1439	rep.billkenemer@state.or.us	www.leg.state.or.us/kenemer
40	D	Hunt, Dave	900 Court St. NE, H-269, Salem, OR 97301	503-986-1440	rep.davehunt@state.or.us	www.leg.state.or.us/hunt
41	D	Tomei, Carolyn	900 Court St. NE, H-279, Salem, OR 97301 11907 SE 19th Ave., Milwaukie, OR 97222	503-986-1441 503-653-5180	rep.carolyntomei@state.or.us	www.leg.state.or.us/tomei
42	D	Bailey, Jules	900 Court St. NE, H-488, Salem, OR 97301	503-986-1442	rep.juleskopelbailey@state.or.us	www.leg.state.or.us/bailey
43	D	Frederick, Lew	900 Court St. NE, H-276, Salem, OR 97301	503-986-1443	rep.lewfrederick@state.or.us	www.leg.state.or.us/frederick
44	D	Kotek, Tina	900 Court St. NE, H-281, Salem, OR 97301	503-986-1444	rep.tinakotek@state.or.us	www.leg.state.or.us/kotek
45	D	Dembrow, Michael	900 Court St. NE, H-487, Salem, OR 97301	503-986-1445	rep.michaeldembrow@state.or.us	www.leg.state.or.us/dembrow
46	D	Cannon, Ben	900 Court St. NE, H-484, Salem, OR 97301 1125 SE Madison, Suite 100B, Portland, OR 97214	503-986-1446 503-236-3351	rep.bencannon@state.or.us	www.leg.state.or.us/cannon
47	D	Smith, Jefferson	900 Court St. NE, H-486, Salem, OR 97301	503-986-1447	rep.jeffersonsmith@state.or.us	www.leg.state.or.us/smithj
48	D	Schauffer, Mike	900 Court St. NE, H-382, Salem, OR 97301	503-986-1448	rep.mikeschauffer@state.or.us	www.leg.state.or.us/schauffer
49	D	Kahl, Nick	900 Court St. NE, H-378, Salem, OR 97301	503-986-1449	rep.nickkahl@state.or.us	www.leg.state.or.us/kahl
50	D	Matthews, Greg	900 Court St. NE, H-379, Salem, OR 97301	503-986-1450	rep.gregmatthews@state.or.us	www.leg.state.or.us/matthews
51	D	Barton, Brent	900 Court St. NE, H-386, Salem, OR 97301	503-986-1451	rep.brentbarton@state.or.us	www.leg.state.or.us/barton
52	D	VanOrman, Suzanne	900 Court St. NE, H-385, Salem, OR 97301	503-986-1452	rep.suzannevanorman@state.or.us	www.leg.state.or.us/vanorman
53	R	Whisnant, Gene	900 Court St. NE, H-471, Salem, OR 97301 PO Box 3565, Sunriver, OR 97707	503-986-1453	rep.genewhisnant@state.or.us	www.leg.state.or.us/whisnant
54	D	Stiegler, Judy	900 Court St. NE, H-489, Salem, OR 97301	503-986-1454	rep.judystiegler@state.or.us	www.leg.state.or.us/stiegler
55	R	Gilman, George	900 Court St. NE, H-493, Salem, OR 97301	503-986-1455	rep.georgegilman@state.or.us	www.leg.state.or.us/gilman
56	R	Garrard, Bill	900 Court St. NE, H-480, Salem, OR 97301	503-986-1456	rep.billgarrard@state.or.us	www.leg.state.or.us/garrard
57	R	Smith, Greg	900 Court St. NE, H-482, Salem, OR 97301	503-986-1457	rep.gregsmith@state.or.us	www.leg.state.or.us/smithg
58	R	Jenson, Bob	900 Court St. NE, H-481, Salem, OR 97301 2126 NW Despain Ave., Pendleton, OR 97801	503-986-1458 541-276-5821	rep.bobjenson@state.or.us	www.leg.state.or.us/jenson
59	R	Huffman, John E.	900 Court St. NE, H-476, Salem, OR 97301	503-986-1459	rep.johnhuffman@state.or.us	www.leg.state.or.us/huffman/
60	R	Bentz, Cliff	900 Court St. NE, H-475, Salem, OR 97301	503-986-1460	rep.cliffbentz@state.or.us	www.leg.state.or.us/bentz

**U.S. CONGRESS
SENATORS & REPRESENTATIVES FROM OREGON 2008-2010**

Jeff Merkley (D) -- www.senate.gov/merkley		
Washington D.C. Office: 107 Russell Senate Office Building Washington, D.C. 20510 Phone: 202-224-3753 Fax: 202-228-3997	Pendleton Office 310 SE 2 nd St., Suite 105 Pendleton, OR 97801 Phone: 541-278-1129	Salem Office: 495 State St., Suite 330 Salem, OR 97301 Phone: (503) 362-8102
Ron Wyden (D) -- senator@wyden.senate.gov / www.senate.gov/wyden		
Washington D.C. Office 223 Dirksen Senate Office Building Washington, D.C. 20510-3703 Phone: (202) 224-5244 Fax: (202) 228-2717	Salem Office 707 13 th St., Suite 285 Salem, OR 97301 Phone: 503-589-4555	La Grande Office SAC Annex Building 105 Fir Street, Suite 201 La Grande, OR 97850 Phone: 541-962-7691 Fax: 541-963-0885

U.S. REPRESENTATIVES FROM OREGON:

David Wu (D) 1st District

Washington, D.C. Office 2338 Rayburn HOB Washington, D.C. 20515 Phone: (202)225-0855 / Fax: (202)225-9497	Portland Office 620 SW Main, Suite 606 Portland, OR 97205 Toll Free: (800) 422-4003 Phone: (503)326-2901 / Fax: (503)326-5066
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Greg Walden (R) 2nd District ~ greg.walden@mail.house.gov

Washington, DC Office: 2352 Rayburn House Office Building Washington, DC 20515 Main: 202-225-6730 / Fax: 202-225-5774	Eastern Oregon Office: 1211 Washington Avenue La Grande, OR 97850 Main: 541-624-2400 / Fax: 541-624-2402
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Earl Blumenauer (D) 3rd District ~ earl@mail.house.gov / www.house.gov/blumenauer

WASHINGTON D.C.: 2267 Rayburn House Office Building Washington, DC 20515 t: (202) 225-4811 / f: (202) 225-8941	PORTLAND: 729 N.E. Oregon Street Suite 115 Portland, OR 97232 t: (503) 231-2300 / f: (503) 230-5413
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Peter DeFazio (D) 4th District

peter.defazio@mail.house.gov / www.house.gov/defazio

Washington, DC Office 2134 Rayburn H.O.B. Washington DC, 20515 Phone: (202) 225-6416	Eugene Office 405 East 8th Ave. #2030 Eugene, OR 97401 Phone: (541) 465-6732
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Kurt Schrader (D) 5th District

www.house.gov/schrader

Washington DC Office 1419 Longworth Office Building Washington, DC 20515 Phone: (202) 225-5711 Fax: (202) 225-5699	Salem District Office 494 State Street, Suite 210 Salem, OR 97301 Phone: (503) 588-9100 / Fax: (503) 588-5517 Toll Free: 1-877-301-Kurt (5878)
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CHILDREN/YOUTH

GRANT COUNTY DEPARTMENT OF HUMAN SERVICES AND CHILD WELFARE

Contact Person: Jan Keil, Child Welfare Program Manager
Location: 725 W. Main, John Day, OR 97845
Phone: 541-575-0728, Emergency # 541-575-0030 Fax: 541-575-0656
Days & Hours: Monday-Friday 8:00 am – 5:00 pm
Services provided: Medical assistance, Oregon Health Plan, Food Stamps, Work Assistance, Vocational Rehabilitation, Cash Assistance, Life Skills, Temporary Assistance to Needy Families (TANF).
Crisis Intervention resulting from family member relationships behaviors or conditions. Individual counseling, Family counseling, Parent Education, Love and Logic Parenting Classes, Child Protective Services (response to community concerns regarding child safety), sexual abuse victim treatment, substitute care placements (for the purpose of protection and/or treatment of a child), shelter/foster home certification, and adoption.
Persons Served: Services are available for any family having a child in the home under age 18.

GRANT-HARNEY COURT APPOINTED SPECIAL ADVOCATE (CASA)

Contact Person: Glanda Hughett
Location: 835 S. Canyon Blvd., John Day, OR 97845, Phone: 544-575-5574
Services provided: Court appointed special advocates, who help find appropriate placement and services for abused and neglected children.

GROWING TREE INFANT AND TODDLER CARE

Contact Person: Melissa Audis
Location: 404 NW Canton, John Day, OR 97845 Phone: 541-575-2371
Services Provided: Child care for children ages 6 weeks to 30 months old, weekdays.

MOTHER'S DAY OUT

Contact Person: Pastor Mark Hatfield
Location: First Christian Church, 311 NE Dayton, John Day, OR 97845
Phone: 541-575-1202

CLOTHING/FOOD

GRANT COUNTY FOOD BANK

Location: 528 E. Main, Suite 9, John Day, OR 97845
Phone: 541-575-0566, Walt Hall
Hours: 4th Wednesday of each month, 9:00am-1:00 pm
Services Provided: Surplus food, emergency food boxes. Oregon Trail card or proof of income for last 30 days required.

PRAIRIE CITY FOOD BANK

Location: 145 Front St., Prairie City, OR 97869
Phone: 541-820-4147
Hours: 3rd Tuesday of each month, 5:00 to 7:00 PM
Services Provided: Surplus & Emergency Food

CLOTHING/FURNITURE

SUZY-Q's THRIFT SHOP

Location: 777 E. Main, John Day, OR 97845 Phone: 541-575-0715
Hours: Tuesday - Friday 10:00 am - 3:00 pm
2nd & 4th Saturday 10:00 am – 3:00 pm
Services Provided: Used clothing

YE OLD THRIFT SHOP

Location: 126 N.W. Canton, John Day, OR 97845
Next to the United Methodist Church
Hours: Wednesday and Friday 10:00 am - 3:00 pm
Services Provided: Used clothing, \$2 a bag sales (when announced).

COUNSELING

ALCOHOLICS ANONYMOUS, AL-ANON, AL-A-TEEN

Phone: 541-932-4664
Services Provided: Referral to individuals who facilitate various groups.

BOYS & GIRLS AID SOCIETY OUTREACH (Crisis Pregnancy Counseling)

Location: 215 Franke Drive, John Day, OR 97845
Phone: 541-575-1901 (Chris) 541-575-0791 (Diana) (Hotline: 1-800-342-6688)
Services Provided: Pregnancy counseling for expectant parents of any age, married or single, and to members of their families. In addition to personal concerns, counselors may help with planning medical care, education, finances, and living arrangements. Residential care in an agency group home or foster homes is available, when appropriate. Adoption and post-adoption services for people who want to parent.

FAMILIES FIRST PARENT RESOURCE CENTER

Contact Person: Teresa Aasness
Location: 401 S. Canyon Blvd., John Day, OR 97845 PHONE: 541-575-1006
Services Provided: Classes for families with children, monthly newsletter, parent education resources, Safety Net, Healthy Start, Mentor Services for children, prenatal care information, and wraparound family services.

GRANT UNION HIGH SCHOOL COUNSELOR

Location: Grant Union High School, John Day, OR 97845 Phone: 541-575-1799

GRANT COUNTY JUVENILE DEPARTMENT

Location: Courthouse, Canyon City, OR 97820 Phone: 541-575-1722
Hours: Monday - Friday 8:00 am - 5:00 pm
Services Provided: Investigates every case brought before Juvenile Court, supervise youth on formal probation or informal for law violation, provides 24 hour intake availability, crisis intervention and youth and family counseling. Authoritative Parenting Classes offered by Paul Smith, 541-575-1349

COUNSELING

GRIEF SUPPORT GROUP

Contact Person: Ray DeLoe, Phone: 541-575-1202 (Office); 541-575-2119 (Home)

HEART OF GRANT COUNTY

Contact: Tami Larkin
Location: 511 S. Canyon Blvd. John Day, OR 97845
P.O. Box 82, Canyon City, OR 97820
Phone: 541-575-4335 Hotline: 1-541-620-1342
Services Provided: Counseling and support for victims of domestic violence. Local and 24 hour emergency services available. Free, "Hands Are Not For Hurting" program. Local safe housing. Emergency transportation.

JUVENILE SERVICES COMMISSION

Location: Courthouse, 201 S. Humbolt St., Canyon City, OR 97820
Phone: 541-575-1722
Hours: Monday-Friday 8:00-5:00
Services Provided: Grant funds from community juvenile services act to county's youth service system. New youth programs.

MINISTERIAL ASSOCIATION

Phone: 541-575-1326
Services Provided: Faith based marriage and family counseling. Couples are referred from the United Methodist Church (126 NW Canton St., John Day) to the appropriate religious affiliation of the couple.

YOLANDA ROMMEL COUNSELING SERVICES (Private Counselor)

Location: Washington Street, Canyon City Phone: 541-575-0053
Services Provided: Family Counseling, grief and loss counseling, marriage counseling

EDUCATION (ADULT)

BLUE MOUNTAIN COMMUNITY COLLEGE

Contact Person: Ashley Masterson-Armichardy
Location: 835-B S. Canyon Blvd., John Day, OR 97845
Continuing Education - Grant County Center; Phone: 541-575-1550
Hours: Tuesdays and Wednesdays: 10:00 am - 2:30 pm, and
Thursdays 12:00 pm – 6:00 pm
Services Provided: College level classes are presented by BMCC in Grant County. GED, Literacy program, Tutoring, and Distance Education.

EASTERN OREGON UNIVERSITY

Contact Person: Chris Cronin
Location: 835-B S. Canyon Blvd., John Day, OR 97845
Continuing Education - Grant County Center; Phone: 541-575-2168
Hours: Monday, Tuesday, Wednesday & Thursday 9:00 am - 4:00 pm
Services Provided: College level classes are presented by EOU in Grant County. Also offers Distance Education. Regional Baccalaureate Degrees in Business and Economics offered. Cindy Kimble at 541-575-0968
RE: GED/Adult/Basic Skills/Adult Literacy

EDUCATION (CHILDREN/YOUTH)

BLUE MOUNTAIN ALTERNATIVE EDUCATION CENTER

Contact Person: Crish Lydon
Location: 116 NW Bridge, John Day, OR 97845 Phone: 541-575-4244
Services Provided: Children Grades 9-12, GED Testing

DAYVILLE SCHOOL DISTRICT

Contact Person: Nora Gibson,
Location: Dayville, OR 97825 Phone: 541-987-2412
Hours: 8:00-4:00, for K-12 Tue. and Thur., 12:30-3:00 pm, for Preschool.

EARLY INTERVENTION/EARLY CHILDHOOD SPECIAL EDUCATION

Contact Person: Kami
Location: 329 N. Humbolt, Canyon City, OR 97820
Phone: 1-800-927-5847 or 541-575-3643
Services Provided: Early Intervention, Early Childhood Special Education, Services for developmental delay, autistic, orthopedically impaired, vision, hearing, and speech impaired infants and children.

GRANT ADMINISTRATIVE DISTRICT #3

Location: P.O. Box 729, John Day, OR 97845
Phone: 541-575-1280 Hours: Monday-Friday, 8:00-4:00
Schools: Grant Union High School, P.O. Box 129, John Day, OR 97845
541-575-1799
Humbolt Elementary School, P.O. Box 545, John Day, OR 97845
541-575-0454
Seneca Elementary School, P.O. Box 69, Seneca, OR 97873
541-542-2542

GRANT COUNTY EDUCATION SERVICE DISTRICT (ESD)

Location: 835-A S. Canyon Blvd, John Day, OR 97845
Phone: 541-575-1349 Hours: Monday-Friday, 8:00-4:00
Services Provided: Special Education: Mentally Retarded, Speech Language, Hearing Screening, Handicapped Learner, special needs therapy.
Simultaneous remote searching, electronic mail, fax service, counseling/guidance service to schools, student retention programs, and A/D consortium programs for schools, registering for home schooling.

GRANT COUNTY HEAD START CENTER

Contact Person: Mark Lesniak
Location: 835-C S. Canyon Blvd, John Day, OR 97845
Phone: 541-575-1349 (office); 541-575-1429 (classroom)
Hours: Monday-Friday, 8:00-4:30
Services Provided: Pre-school program for low-income families and their children.
Eligibility: Three and four year old children from low-income families and children with documented disabilities and other special needs
Fees: None

EDUCATION (CHILDREN/YOUTH)

LONG CREEK SCHOOL DISTRICT

Contact Person: Dana Moodenbaugh
Location: Box 429, Long Creek, OR 97856 Phone: 541-421-3896
Services Provided: K-12/Preschool Tuesday and Thursday, 8:00- 12:15

MONUMENT SCHOOL DISTRICT

Contact Person: Pam Leymaster
Location: P.O. Box 127, Monument, OR 97864 Phone: 541-934-2646
Hours: Mon.-Fri., 7:45-3:45 for K-12, Mon-Thu., 8:00- 11:00 for Preschool

PRAIRIE CITY SCHOOL DISTRICT

Contact Person: Jill Wright
Location: P.O. Box 345, 740 Overholt, Prairie City, OR 97869
Phone: 541-820-3314 Hours: 8:00-4:00 for K-12
Preschool on Tue.-Thu. 12:30-3:30

SENECA ELEMENTARY SCHOOL

Location: Box 69, Seneca, OR 97873
Phone: 541-542-2542
Services Provided: K-8/Preschool Tuesday and Thursday, 9:00- 12:00am
(Contact Darla Long, 541-542-2161)

SONSHINE CHRISTIAN SCHOOL

Contact Person: Julie Sheffel or Jeanne Freshower
Location: 521 E Main, John Day, OR 97845
Phone: 541-575-1895
Services Provided: Preschool and Pre-Kindergarten classes

EDUCATION (DEVELOPMENTALLY DISABLED)

COPE (COALITION IN OREGON FOR PARENT EDUCATION)

Contact Person Robin Wortman
Location: 999 Locust St NE #42, Salem, OR 97303
Phone: Voice Mail 888-505-2673 Ext. 200
Home Office (541) 886-8156
Salem Main Office No. (503) 581-8156, Fax: (503) 391-0429
Services Provided: COPE provides help with problem solving for individual families and to provide additional resources and referrals upon request to parents of children with disabilities. To help parents better understand their role in planning and guiding the educational programming of their children with disabilities

EMPLOYMENT

EMPLOYEE TRAINING PROGRAM/TRAINING AND EMPLOY. CONSORTIUM

Contact Person: Debbie Stanbro
Location: 120 S. Washington, Canyon City, OR 97820
Phone: 541-575-0251 Hours: Monday-Friday, 8:00-5:00
Services Provided: Try-out employment, summer youth employment training program, pre-employment training, PR-GED preparation program, PRE-GED testing, Job Training, and job search assistance.

STATE OF OREGON EMPLOYMENT DIVISION

Location: 120 Washington, Canyon City, OR 97820
Phone: 541-575-0744 Hours: Monday-Friday, 8:00-5:00
Services Provided: Job placement, labor, market information, and unemployment benefits.

EMERGENCIES

AMERICAN RED CROSS

Contact Person: Gail Pearce, Phone: 541-575-1208
Services Provided: Bloodmobile, Disaster Relief, Military Services.

EMERGENCY CALL SYSTEM

Location: 4000 Cedar St., Baker City, OR 97814
Phone: Cedar Manor Nursing Home 541-523-6333
CALL LIGHT 1-800-452-7835

ENERGY ASSISTANCE

COMMUNITY CONNECTION OF GRANT COUNTY

Location: 104 Elm, LaGrande, OR 97850
Phone: 1-800-838-3186
Services Provided: Low-income energy assistance program for families with children under 6 years of age. Also, assistance to senior citizens, children, low income people, persons with disabilities. Offer classes on home ownership.

HEALTH - VISION SERVICES

BLIND COMMISSION OF OREGON

PHONE: 1-888-202-5463 OR 971-673-1588

ELKS LODGE

Contact Person: Byron Rudishouser, Phone: Clinic 541-820-3586

LIBRARY FOR THE BLIND

PHONE: 1-800-452-0292

LIONS CLUB

Contact Person: Bill Morris, 102 NE 7th, John Day, OR 97845 Phone: 541-575-1497

NATIONAL FEDERATION OF THE BLIND OF OREGON

Phone: 371-1570

HEALTH - VISION SERVICES

OREGON COMMISSION FOR THE BLIND

Contact Person: Theresa Wong, Instructor - Phone: 541-278-2334

HEALTH

ADRAA (ALZHEIMER DISEASE)

Location: Columbia Willamette - Good Samaritan Hospital
1015 NW 22nd Avenue, Portland, OR 97210
Phone: (503) 229-7115

AMERICAN CANCER SOCIETY

Contact Person: Jeanne Day, Phone: 541-575-0197
Location: P.O. Box 41, John Day, OR 97845

AMERICAN LEGION, MEDICAL EQUIPMENT LOAN

Contact Person: Terry Sowa 541-575-0707, Evelyn Ogilvie 541-575-1802

ARTHRITIS FOUNDATION

PHONE: 222-7246

BLUE MOUNTAIN CHIROPRACTIC HEALTH CENTER

Contact Person: Dr. Charles Caughlin,
155 NW 1st Ave., John Day, OR 97845 Phone: 541-575-1063

BLUE MOUNTAIN HOSPITAL

Location: 170 Ford Road, John Day, OR 97845 Phone: 541-575-1311
Hours: 24 hrs/7 Days/Week
Services Provided: Radiology, Ultrasound, Mammography, Laboratory, Respiratory therapy-home oxygen, Emergency Room Service (24/hour), Advanced Life Support Ambulance, Home Health, "Swing Beds", Birthing Room, Intensive Care, Coronary Care Service, Day Surgery and In-Patient Surgery, E.K.G.'s - Holter Monitoring, Physical Therapy, Prenatal Classes, Prosthetic Devices, Rehabilitation, and Hearing Center, referrals to nursing homes and adult foster care.

BLUE MOUNTAIN HOSPITAL - HOME HEALTH AGENCY

Location: 743 W Main, John Day, OR 97845
Phone: 541-575-1648 Hours: 8:30-5:00
Services Provided: In-home skilled nursing, physical therapy, home health aides in accordance with Medicare guidelines (patient has to be in need of skilled services and home bound).

DIABETES TRAINING PROGRAM

Location: Good Samaritan Hospital, Portland Phone: (503) 229-7227

EPILEPSY ASSOCIATION OF OREGON

PHONE: 541-575-0251

HEALTH

GRANT COUNTY HEALTH DEPARTMENT

Location: 528 E. Main, John Day, OR 97845
Phone: 541-575-0429 Hours: Monday-Friday, 8:00-5:00
Services Provided: Can be designated as Oregon Health Plan provider. Immunizations: Thursdays 9:00-11:00 and 1:30-4:00. WIC Program, Prenatal Information, Vital Records (Birth/Death Certificates), Health Related Information, Newborn Home Visits, Breast Feeding Consultations, Nursing Service, Well Child Exams, Treatment for the Ill Child, Family Planning Services/ Birth Control, Pregnancy Testing and Referrals, Information on Safety, and Child Development and Communicable Diseases, Adult Basic Physical Exams, Hearing Tests, Blood Pressure Checks, Vision Screens, PAP Tests, and Breast Exams, Maternity counseling, Adoption counseling, Supplies/Screening and treatment for sexually transmitted diseases. Cocoon Program, Babies First Program. "Healthy First" program, Friday afternoon walk in for teens who are sexually active, Car Seat Safety Checks, Dental Clinic Services.

HEALTHY SMILES DENTAL CLINIC

LOCATION: 528 E. Main St., John Day, OR 97845
Phone: 541-575-4064
Services Provided: Offer dental care to families without dental insurance.

HOSPICE OF GRANT COUNTY

LOCATION: 246 Front St., Prairie City, OR 97869
Phone: 1-877-244-0858
Services Provided: A comprehensive program of care for terminally ill patients and their families.

LEUKEMIA ASSOCIATION OF OREGON

PHONE: 245-9866

SHRINER'S (CRIPPLED CHILDREN)

Contact Person: Wally Muzzy, Sr. Phone: 932-4815

TEL MED

PHONE: 248-9855

HOUSING

NORTHEAST AREA HOUSING/HUD

Location: 2608 May Lane, P.O. Box 3357, La Grande, OR 97850
Phone: 1-800-452-8638 (Voice or TDD) or 541-963-5360
Services Provided: Housing program designed to help low income families, elderly or persons with disabilities live in decent, safe, and sanitary housing at a cost which is proportionate and affordable to their incomes.

MEADOWBROOK APARTMENTS

Location: 601 E. Main, John Day, OR 97845 Phone: 541-575-0498
Services Provided: Low Income Housing, EOH

HOUSING

STEP FORWARD

Location: 800 E. Main, John Day, OR 97845
Phone: 541-575-2251
Services Provided: An accredited rehabilitation living facility serving the needs of individuals with varying levels of ability, most of whom experience developmental disabilities.

STRAWBERRY VILLAGE APARTMENTS

Contact Person: Bud Ball - Owner
Location: 142 E. 11th, Prairie City, OR Phone: 541-575-1035
Services Provided: Low Income Housing

INFORMATION & REFERRAL

CLARK'S DISPOSAL AND TRANSFER STATION

Location: West Bench, 3 miles west of John Day
Phone: 541-575-0432
Hours: Thursday, Friday, Saturday, Sunday 9:00 am to 5:00 pm
Services: Garbage Disposal, recycling metal, paper, and appliances

GRANT COUNTY CHAMBER OF COMMERCE

Location: 301 W. Main, John Day, OR 97845
Phone: 541-573-0547; Emergency 541-575-0424 Mon.-Fri. 9:00-5:00
Services Provided: Visitor Information, Consumer Information, Small Business Classes, Speakers on Local Issues, Legislative Telephoning, Coordination of Local Events, Tourism, Economic Development, Merchants Association, Arts & Cultural Development within County, Business Library, and Northeast Oregon Vacationlands (NEOV) Participant.

GRANT COUNTY COMMISSION ON CHILDREN AND FAMILIES

Contact Person: Dana Brooks
Location: 201 S. Humbolt St., Suite 299, Canyon City, OR 97820
Mailing Address: PO Box 669, Canyon City, OR 97820
Phone: 541-575-3600 Fax: 541-575-2248
Services Provided: Assessing children's and families' needs in Grant Co. Recommending programs and activities for children and families. Assistance implementing programs and activities.

GRANT COUNTY ECONOMIC DEVELOPMENT

Phone: 541-575-1555

GRANT COUNTY EMERGENCY MANAGEMENT

Phone: 541-575-2623

GRANT COUNTY FAIRGROUNDS

Location: 409 NW Bridge St., John Day, OR 97845 Phone: 541-575-1900

INFORMATION & REFERRAL

SMALL BUSINESS DEVELOPMENT CENTER (Through Eastern Oregon University)

Contact Person: John Prosnik, La Grande, OR Phone: 541-962-3391
Services: Periodic training and visits by appointment in John Day

TOPS

Location: 101 NW 7th St, John Day, 541-575-0125 (Denise Tschida)
and 590 Bridge St, Prairie City, 541-820-4626 (Bernice Harrison)
and 541-820-4179 (Grace Chapel)

Services Provided: TOPS (Take off Pounds Sensibly) meetings are held Wednesday nights at the Elks Lodge. Weigh-in is at 6:30-7:00, meeting starts at 7:00. TOPS is an international club that helps its members by having weekly weigh-in's, contests, and group discussions.

VOLUNTEER PROGRAMS IN GRANT COUNTY/COMMUNITY HUMAN SERVICES

Contact Person: Debi Hueckman, Manager
Location: 725 W. Main, Suite A, John Day, OR 97845
Phone: 541-575-2595 Hours: By appointment
Services Provided: Medical transportation (DHR Clients), adult literacy classes, single parent group, information and referral, coordinate community service with corrections volunteers, senior companions program, resource development within community, shoes for low income families. Also, during November: Gift Tree of Joy, food baskets, coats, gloves, and mittens.

LEGAL

OREGON BAR LEGAL REFERRAL SERVICES

Service Provided: Legal Referrals. Phone: 1-800-452-7636

OREGON LAW CENTER

Location: Oregon Law Center Phone: 1-888-250-9877
35 SE 5th Ave., Unit 1, Ontario, OR 97914

TEL-LAW

Phone: 1-800-452-4776
Services Provided: You must have a touch-tone phone to use TEL-LAW. Order the free TEL-LAW brochure, for listing of 104 legal information messages, by sending a self-addressed stamped #10 business sized envelope (Use First Class Postage) to: Oregon State Bar-Tel-Law Pamphlets P.O. Box 1689, Lake Oswego, OR 97035-0889

VICTIM'S ASSISTANCE

Location: District Attorney's Office, 201 S. Humbolt, Canyon City, OR 97820
Phone: 541-575-0146
Services Provided: Referrals, assistance, support services.
Fees: Free. No legal advice is given.

MENTAL HEALTH

COMMUNITY COUNSELING SOLUTIONS

Contact Person: Gary Lewis, Director
Location: 528 E. Main, Suite W, John Day, OR 97845
Phone: 541-575-1466; 541-575-0030 after 5:00 pm; or 1-800-698-2392;
Fax: 541-575-1411
Hours: Monday-Friday, 8:00-5:00
Services Provided: Individual counseling, couple counseling, family and group counseling, suicide counseling, treatment of childhood problems, alcohol and drug intervention, prevention, treatment, assistance with developmental and mental disabilities. Psychiatric evaluation and medication monitoring available. Crisis Intervention and emergency services are available 24 hours/day; call the John Day Police Department at 911 or 541-575-0030.
Fees: Sliding Scale according to income

NURSING HOMES

BLUE MOUNTAIN NURSING HOME

Location: 112 E. Fifth Street, Prairie City, OR 97869
Phone: 541-820-3341 Hours: 7:00-3:00
Services Provided: Private patients, Medicaid patients, not "skilled" or "Medicare" approved. Part of Blue Mountain Hospital District Intermediate Care Facility.

CANYON CREEK GUEST HOME

Location: 813 S. Canyon Blvd, John Day, OR 97845
Phone: 541-575-1621 Hours: 24 Hrs/7 Days/Wk
Services Provided: Residential Care Facility

CAROL WEAVER

PHONE: 541-575-2708

GOLDEN AGE ADULT FOSTER CARE

Location: 305 N. Cozart, Prairie City, OR 97869
Phone: 541-820-3577

NURSING HOME OMBUDSMAN

Phone: 1-800-522-2602

SHIE ELEM GOLDEN HERITAGE ADULT FOSTER CARE HOME

Location: 200 SW Brent Dr., John Day, OR 97845
Phone: 541-575-0957

VALLEY VIEW RETIREMENT & ASSISTED LIVING

Location: 112 Valley View Dr., John Day, OR 97845
Phone: 541-575-3533

NUTRITION

WIC (WOMEN, INFANTS, CHILDREN)

Location: Grant County Health Department, 528 E. Main, John Day, OR 97845
Phone: 541-575-0429 Emergency – 541-575-0305
Hours: Wednesday 9:00-5:00
Services Provided: Helps pregnant women and young children to improve their health with nutritious foods, and gives referrals to other health agencies.
Persons Served: Pregnant women up to six months after birth, nursing mothers, and children from birth to five years of age. You must have a nutritional or medical need.

PARKS & RECREATION

BEST WESTERN JOHN DAY INN POOL:

Location: 315 W Main, John Day;
Phone: 541-575-1700
Services Provided: Swimming pool for public use year round, 6:00 am-3:00 pm;
Admission: \$3.00 per person, children under the age of 4 free.
Services Provided: Playground

CANYON CITY PARK

Location: Between Canyon City Blvd. & Washington St., downtown Canyon City
Services Provided: Playground with equipment appropriate for preschoolers, picnic area.

DEPOT PARK

Location: S. Main, Prairie City; Phone: 541-820-3603
Services provided: Camping, hookups, sheltered picnic area, and museum (open May-Oct.)

GRANT COUNTY HISTORICAL MUSEUM

Location: 101 Canyon City Blvd., downtown Canyon City.
Phone: 541-575-0362
Services Provided: Main keeper of the county's history, with a thoroughly indexed file of old photos and documents. Includes a historic cabin and jail, adjoining museum. Open June 1-September 30, Mon.- Sat. 9:30 am - 4:30 pm

GRANT COUNTY RANCH & RODEO MUSEUM

Location: 241 E. Main, John Day
Phone: 541-575-5545
Services Provided: Collection of photos, tools, literature which chronicles cowboy lifestyle, open Thursday, Friday, Saturday, from 10:00 am – 4:00 pm.

HOLIDAY STATE PARK

Location: 1 mile east of Mt. Vernon, on Hwy. 26
Services Provided: Camping, Picnicking, John Day River Access

JOHN DAY CITY PARK

Location: NE Canton, John Day
Phone: 541-575-0110
Services Provided: Children's playground, picnic, horseshoe pits, swimming (summer) pool, basketball, Kam-Wa-Chung Museum.

PARKS & RECREATION

JOHN DAY FOSSIL BEDS

Agency Location: 32651 Hwy. 19, Dayville; Visitor Center: Sheep Rock Unit near Dayville
Phone: 541-987-2333
Services Provided: Park headquarters, orientation information and a display of Fossils, representative of some found in the park. Publications on natural history and history on sale. Three widely separated areas of John Day Fossil Beds, Sheep Rock, Painted Hills, and Clarno, preserve fossil beds and other geologic evidence of ancient times. Each area offers a variety of opportunities for recreation and study.

JOHN DAY PARKS & RECREATION

Services Provided: Information on youth activities. Phone: 541-575-0110

MOUNT VERNON PARK

Location: Cottonwood, to Council Drive
Services Provided: Playground, Tennis Courts, Picnic Area

U.S. FOREST SERVICE

Location: 431 Patterson Bridge Rd., PO Box 909, John Day
Phone: 541-575-3000

POLICE AND FIRE DEPARTMENTS

COUNTY WIDE EMERGENCY Phone: 911

GRANT COUNTY JAIL Phone: 541-575-1134

GRANT COUNTY SHERIFF'S DEPARTMENT

Location: County Courthouse, Canyon City
Phone: 541-575-1131 Hours: 8:00 AM - 5:00 PM
Services Provided: Arrest public offenders, defend county, execute warrants and court orders, attend court proceedings, provide visible patrols and responses to calls. Investigate crimes, identify and apprehend offenders, recover stolen property and assist in prosecution and conviction of violators. Maintain correctional facility. Execute civil and criminal process and warrants expeditiously. Control non-criminal citizen in traffic regulation, crowd control, public events and intervene in social relations and domestic disputes. Render information, advice, directions and general and emergency assistance to public. Emergency care to sick and injured. Search and Rescue.

JOHN DAY/CANYON CITY POLICE DEPARTMENT

Location: 450 E. Main, John Day
Phone: 541-575-0030 or 911 Hours: 24 HOURS/ 7 DAYS/WK

OREGON STATE POLICE Phone: 541-575-1363 If no answer: 1-800-452-6516

POLICE & FIRE DEPARTMENTS

VOLUNTEER FIRE DEPARTMENTS

CANYON CITY VOLUNTEER FIRE DEPARTMENT911 or 541-575-0030
DAYVILLE VOLUNTEER FIRE DEPARTMENT911 or 541-987-2345
GRANT COUNTY AMBULANCE911 or 541-575-0030
JOHN DAY VOLUNTEER FIRE DEPARTMENT.....911 or 541-575-1855
LONG CREEK VOLUNTEER FIRE DEPARTMENT911 or 541-421-3164
MONUMENT VOLUNTEER FIRE DEPARTMENT911 or 541-934-2811
MT. VERNON VOLUNTEER FIRE DEPARTMENT.....911 or 541-932-4567
PRAIRIE CITY VOLUNTEER FIRE DEPARTMENT.....911 or 541-820-4300

REHABILITATION

OREGON STATE VOCATIONAL REHABILITATION

Location: Ontario Phone: 541-889-9148

VETERANS ADMINISTRATION AREA REPRESENTATIVE

Contact Person: Terry Sowa Phone: 541-575-0707

SENIORS

AARP PHONE: 1-800-441-2277

AARP PHARMACY P.O. BOX 23755, PORTLAND, OR 97208 PHONE:(503) 646-0591

BLUE MOUNTAIN CARE PACKAGE SUPPORT GROUP

Phone: 541-575-0202

GRANT COUNTY SENIOR CENTERS

Location: 142 NE Dayton, John Day, Phone: 541-575-1825 or 541-575-2949
Emergency 541-575-1933 or 541-575-0556
In Prarie City, call 541-820-4361 or 541-820-4100
In Monument, call 541-934-2700

Hours: 8:40 AM - 4:30 PM

Services Provided: Hot meals on Mondays and Thursday at noon. Meals on Wheels
(Monday and Thursday). Potluck on the 2nd Friday of the month. Small
book exchange. Pinochle every afternoon and every Thursday at 7:30
p.m. Ladies craft group with a small craft shop. Bus transportation (The
People Mover) goes to Bend (M-W-F). Makes connections for Portland
at Prineville. Makes connections for points south and west at Bend.
Information about senior issues (i.e. Medicare, Health Services).
Blood Pressure checked on 2nd & 4th Thursdays.
Also serves locally to meal sites: Prairie City on Wednesdays
Long Creek and Mt. Vernon on Thursday
John Day and Canyon City Mondays & Thursdays

SENIOR ADVOCATE CONTACT PERSON: GRACE WILLIAMS PHONE: 541-575-0666

SENIORS

SENIOR COMPANION PROGRAM Contact Person: Linga Lynch
Phone: 541-575-0309 Home: 541-575-0808 Days: Tue. & Thur.

SENIOR AND PEOPLE WITH DISABILITIES SERVICES

Location: 725 W. Main, John Day Phone: 541-575-0255 OR 1-800-358-6267
Hours: Monday-Friday, 8:00-5:00
Services Provided: Home care for Title XIV Clients, Food Stamps, Medical Coverage,
Assistance for nursing homes, residential care assistance, homemaking.
Persons Served: All the above have income qualifications

SOCIAL SECURITY ADMINISTRATION PHONE: 1-800-234-5772

SUBSTANCE ABUSE

ALCOHOLICS ANONYMOUS (AA)

John Day/Canyon City: 541-575-2020
Long Creek: 541-421-3640 (Hal)
Monument: 541-934-2850 or 541-934-2082
Mt. Vernon: 541-932-4844
Prairie City: 541-820-4740

ALCOHOLICS ANONYMOUS, AL-ANON, AL-A-TEEN Phone: 541-932-4664

COURAGEOUS AL-ANON FAMILY GROUP

Location: 171 E Main St., Mt. Vernon
Phone: 541-932-4891 or 541-575-1562
Services Provided: Free support group meetings with discussion of 12 step plan

NARCOTICS ANONYMOUS (NA)

Contact Person: Dale Stennett 541-932-4905
Location: Nazerene Church Annex 521 E., Friday evenings at 7:30
Main/John Day

OREGON COUNCIL ON ALCOHOLISM & DRUG ADDICTION Phone: 1-800-621-1646

TRANSPORTATION

PEOPLE MOVER

Location: 229 NE Dayton, John Day, Phone: 541-575-2370 or 1-800-527-2370
Services Provided: Scheduled trips weekly to Bend and back, on call for local travel needs.
Call for a brochure of their services.

VETERANS

AMERICAN LEGION POST Contact Person: Art Pereira Phone: 541-575-1841

VETERAN'S ADMINISTRATION REGIONAL OFFICE Phone: 1-800-827-0495

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