

Family Name \_\_\_\_\_ Visitor's Name: \_\_\_\_\_  
 Nombre de la Familia \_\_\_\_\_ Nombre de la Visitante \_\_\_\_\_

Home Visit # \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Next Visit Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 # de Visita \_\_\_\_\_ Fecha: \_\_\_\_\_ Hora: \_\_\_\_\_ Fecha de la Proxima Visita: \_\_\_\_\_ Hora: \_\_\_\_\_

**Expected Home Visit Outcomes: Resultados esperados de Visita de Hogar :**

Parent understands their role in helping their child develop healthy teeth, the importance of a Dental Home, and can observe their child for good brushing and flossing techniques

Child Health And Developmental Services     Family and Community Partnerships

**Activities Examples: Ejemplos de Actividades:**

Review handouts and booklets on dental information

Explain that brushing teeth helps to remove pieces of food and plaque that can cause activities

Practice brushing:  
 Give your child their toothbrush along with a pea size amount of toothpaste, and have them practice brushing their teeth. As they brush, remind them to brush up and down, not side to side

Practice Flossing:  
 Get an egg carton and a piece of yarn. Turn the egg carton upside down and have your child pretend that the egg carton sections are teeth. Then have your child move the piece of yarn between the sections as they pretend to be flossing their teeth. Afterwards, give your child a real piece of dental floss and help them to floss their own teeth.

**Materials: Materiales:**

A Guide to Children's Dental Health

A Guide to Children's Dental Health

Colgate Bright Smiles Kit  
 Toothbrush  
 Toothpaste

Egg carton  
 Yarn  
 Dental Floss

**Comments: Comentarios:**

Parent will need to help the child to make sure that the child does not cut into their gums. Family should check with their regular dentist about flossing, if they have concerns about their child flossing.

**General Program Information: Información del Programa en general:**

**Comments about the Home Visit (activities, successes, interests, etc.): Comentas de la Visita en Casa (actividades, sucesos, intereses, etc.):**

**Parent's Signature: Firma del Padre:** \_\_\_\_\_

