UMATILLA MORROW HEAD START HOME VISIT FORM **HEAD START FORMA DE VISITA EN HOGAR**

Family Name
Nombre de la Familia_____ Visitor's Name:
Nombre de la Visitante_____

Home Visit # Date: Time: Next Visit Date: Time:
de Visita _____Fecha:_____Hora:_____Fecha de la Proxima Visita:_____Hora:_____

Expected Home Visit Outcomes: Resultados esperados de Visita de Hogar :
Parent will learn ways to help child strengthen their gross motor skills development.

✗ Child Health And Developmental Services ☐ Family and Community Partnerships

Activities Examples: **Ejemplos de Actividades:**	**Materials:** **Materiales:**	**Comments:** **Comentarios:**
Hopping on one foot and both feet	Optional: colored footprints to place securely on the floor	
Throwing, catching, and kicking (developing gross motor and eye/hand coordination)	Medium sized soft ball, bean bags, or larger ball	
Walking a line for balance	Chalk line, balance beam (piece of 2x4), or curbing	
Walking, running, climbing	Outdoor area, child climber or some steps. A park area with some steps and/or climber.	Developing muscles, coordination, balance and ability to climb- take steps one at a time. Take walks, nature walks, develop races, walk up and down stairs. Remember to use the Curriculum Guide, ASQ, and Portage, when discussing gross motor development with the family. All three sources will offer developmentally appropriate activities. For Infants and Toddlers: Infants should be placed in safe settings that encourage physical activity, allow infants to explore their environments and do not restrict movement for prolonged periods of time. Infants should not be placed in carriers, play pens, strollers, car seats, etc. and left for long periods of time. Infants need plenty of floor time. Place infant on a blanket with toys that encourage movement and exploration. Include baby games such as peek-a-boo and pattycake daily.

General Program Information: Información del Programa en general:

Comments about the Home Visit (activities, successes, interests, etc.): Comentas de la Visita en Casa (actividades, sucesos, intereses, etc.):

Parent's Signature: Firma del Padre:_____