

## DIAPERING

**POLICY:** All diapering for children participating in UMCHS programs will be carried out in a sanitary, safe manner to prevent the spread of germs and diseases that can occur during the diaper changing process. The procedure for diapering will be posted at every location where diapering is to take place.

### **PROCEDURE:**

1. Diapers will be changed **ONLY** on the designated diaper changing table.
2. The changing table will be cleaned and disinfected with a bleach water solution between uses for different children.
3. Food, bottles and toys **WILL NOT** be placed on the diaper changing table.

**\*\*DO NOT EVER LEAVE A CHILD UNATTENDED ON THE CHANGING TABLE\*\***

### Steps to diaper changing

1. Wash hands
2. Bring supplies to diaper changing area.
  - Diapers, clean clothes (as needed), wipes, plastic bag for soiled clothes, non-latex disposable gloves, individual child's diaper cream (if directed by parents) removed from container onto disposable tissue
  - **Disposable non-latex gloves need to be worn by staff during diapering.**
  - Bring child to changing area (protecting yourself and other surfaces from urine or stool).
  - Always keep hand on child while s/he is on table
  - Take care to prevent child's feet from being soiled (remove socks/shoes if needed)
  - If clothing is soiled, place in sealed plastic bag to be sent home
3. Diapering process
  - Put disposable changing table cover on changing surface
  - Place child on diaper changing surface
  - Put on gloves
  - Remove pants/tights etc.
  - Unfasten soiled diaper, leave it under child
  - Lift child's legs as needed to use disposable wipes
  - Wipe diaper area (genitalia and buttocks) from front to back removing urine and stool, using a new clean wipe as needed. Use care not to get stool or urine on wipe container.
  - Place soiled wipes into soiled diaper.
  - Remove soiled diaper taking care not to contaminate any surface with urine or stool.
  - Fold soiled surface of diaper inward. Dispose of diaper as follows:
    1. Disposable diaper: Dispose of in Diaper trash can (covered, foot activated, plastic lined can).

2. Cloth diapers: Place in a plastic bag sealed and labeled with the child's name. Send it home with the child.
3. Cloth diapers from a diaper service: Place in a covered, plastic-lined, foot activated container. Keep diaper pail covered and out of reach of children.
  - Remove gloves and throw away in diaper trash can
  - Place clean diaper under child's bottom
  - Apply diaper cream from prepared tissue (if directed by parents)
  - Fasten diaper
  - Discard disposable changing table cover in Diaper trash can
  - Wash child's hands and return child to supervised area
4. Clean and sanitize diaper changing surface
  - Wet entire surface with disinfecting bleach solution (1/4 cup of bleach to 1 gallon water - make this solution daily as it is ineffective after 24 hours; (See sanitizing solution recipes under cleaning guidelines)
  - Wipe with paper towel and dispose in Diapering trash can
  - Store sanitizing solution securely
5. Wash hands according to the posted hand washing procedure.
6. Document on the toileting, sleeping, and feeding chart the time of the diaper change, whether the diaper was wet (WT), bowel movement (BM), and/or any abnormal elimination pattern.