

OUTDOOR POLICY

Head Start and Early Head Start classrooms are required to comply with the Classroom Daily Plans policy and the Outdoor Lesson Plan Guidance and Performance Standard 1304.21(a)(5)(i-iii) and 1304.21(b)(3)(i-ii) in accordance with the following guidelines during inclement weather conditions:

Classroom staff may choose to implement alternative gross motor play opportunities in the following situations:

1. If the temperature falls below 20 degrees
2. If the temperature rises above 100 degrees
3. In cases where the weather conditions may pose a safety risk to children and staff such as (but not limited to) high winds, ice, hail, or thunder and lightning.

In these cases, staff should continue to make every effort to allow children a reduced amount of time outdoors (5 to 10 minutes) or as appropriate.

Alternative, in-door, gross motor experiences for children may include (but are not limited to) the following:

- * obstacle courses (keeping in mind space limitations and safety)
- * tumbling activities
- * small or large group gross motor games
- * ball activities
- * self-awareness activities
- * thematic gross motor activities
- * parachute play