

**UMATILLA-MORROW COUNTY HEAD START, INC.  
WIC PROGRAM  
POLICIES AND PROCEDURES**

**HAND WASHING**

**PURPOSE:** To prevent the spread of communicable diseases among WIC staff members and clients.

- POLICY:**
1. WIC staff will wash their hands in the following situations:
    - a. At the beginning of the work day.
    - b. Before and after each client appointment.
    - c. Before and after finger, toe, or heel stick blood drawing.
    - d. After handling items that may be soiled with body fluids or waste, such as blood, drool, vomit, urine, stool, or discharge from the eyes and nose.
    - e. After using the bathroom.
    - f. Before and after eating.
    - g. After cleaning activities.
    - h. At the end of the work day.
  2. Procedures for proper hand washing will be posted by the sinks in each WIC site.