



## Umatilla-Morrow Head Start, Inc.

110 N.E. 4<sup>th</sup> Street  
Hermiston, OR 97838  
(541) 564-6878 • Fax (541) 564-6879  
1-800-559-5878

A HEAD START,  
EARLY HEAD  
START

AND  
OREGON PRE-  
KINDERGARTEN  
PROGRAM  
SERVING...

Umatilla  
Morrow  
Grant  
Wallowa  
Sherman  
Wheeler  
and Gilliam  
Counties

A WIC PROGRAM  
SERVING...

Umatilla,  
Morrow  
and Wheeler  
Counties

A CHILD CARE  
RESOURCE  
REFERRAL  
PROGRAM  
SERVING...

Umatilla  
And  
Morrow  
Counties

A FAMILY  
SUPPORT &  
CONNECTION  
PROGRAM  
SERVING...

Umatilla  
and  
Morrow  
Counties

CASA PROGRAM

HEALTHY  
START/HEALTHY  
FAMILIES

A CAR SEAT  
LOAN PROGRAM

Date: \_\_\_\_\_

Dear Parent/Guardian:

This notice is to inform you that RUBELLA (GERMAN MEASLES) has been diagnosed in a child at this Head Start Center. This condition is contagious; therefore, we would like you to watch for symptoms in your child. The symptoms are as follows:

MILD FEVER, SWOLLEN GLANDS AT BACK OF HEAD, ALONG NECK,  
BEHIND EARS. MAY HAVE MILD UPPER RESPIRATORY INFECTION;  
EYES TEARING, IRRITATED AND RED; HEADACHE, FATIGUE  
(TIREDNESS), AND A PINKISH/RED RASH THAT STARTS AT FACE AND  
SPREADS RAPIDLY TO TRUNK AND LIMBS AND FADES IN THREE DAYS.

If your child should develop one or more of these symptoms, please notify your child's health care provider and your child's teacher. Medical treatment should be carried out as recommended by your child's medical health care provider. A child diagnosed with Rubella can return to the classroom six days after onset of rash and symptoms are resolved. We are attempting to limit the spread of this illness/condition, and your cooperation is sincerely appreciated.

If you have any questions about this information, contact your child's teacher at the individual centers or the Head Start Health Services Director (541) 564-6878.

Thank you for your time and cooperation in this matter.

Sincerely,

\_\_\_\_\_  
Head Start Teacher

Amy Hendrix  
Health Services Director

UMCHS RVS 1/27/2010 RUBELLA.EXC

