

Recipe Name: Sloppy Mikes

Resources used for Crediting
SBG

Component Contribution

X ___ Meat/Alt X ___ Vegetable/Fruit
 ___ Grain/Bread

<u>1/2 cup</u> Portion Size	<u>3-5 yr old</u> Age Group
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Ingredient	Form (whole, chopped)	<u>32 cups</u> Recipe Yield	
		Weight	Measure
Ground Turkey		10 lb	
Corn	Drained		#10 can
Crushed Tomato			#10 can
Tomato Sauce			#10 can
Sloppy Joe Mix	2 pkgs	8 oz	
OR alt. seasonings			
garlic cloves			5+
Chili powder, cumin			5+ tsps each
Chili sauce			5+ cups

Directions:

Cook ground turkey until done, drain.

Add crushed tomatoes, tomato sauce, corn and sloppy joe mix (or alternate seasonings)

Simmer until all ingredients are heated.