

Recipe Name: Pizza

Resources used for Crediting
SBG

Component Contribution

X ___ Meat/Alt ___ Vegetable/Fruit
 X ___ Grain/Bread

<u>½ English Muffin</u> Portion Size	<u>3-5 yr old</u> Age Group
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Ingredient	Form (whole, chopped)	<u>24 English muffin ½'s</u> Recipe Yield	
		Weight	Measure
Ground Beef	10 %	1.5 lb	
Mozzarella Cheese	Shredded	18 oz	
Onions	Chopped		1 cup
English Muffins	Cut in half	2 lb	24 halves
Pizza sauce			3 cups

Directions:

Cook ground beef

Put the split English muffins on a cookie sheet

Top English muffin halves evenly with pizza sauce

Spread ground beef, cheese and onions evenly over all English muffin halves

Bake 8 min @ 425 degrees.