

Four-Bean Salsa Soup

28 oz. Salsa
1 can (15 oz.) Chili Beans, undrained
1 can (15 oz.) Black Beans, undrained
Shredded Monterey Jack & Cheddar Cheeses
½ pound low-fat turkey sausage, cut into bite-size chunks

1 can (15 oz.) Garbanzo Beans, undrained
1 can (15 oz.) Kidney Beans, undrained
Cilantro, chopped

1. Saute sausage 3-5 minutes, stirring constantly. Drain fat.
2. Add salsa, beans and cilantro, mix well.
3. Cover, reduce heat and simmer 5-10 minutes, stirring occasionally.
4. Garnish with cheeses.