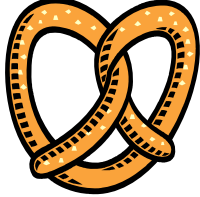


Snack

Umatilla-Morrow Head Start

March 2012

UMCHS is an Equal Opportunity Provider

		Wednesday	Thursday	Friday
			1 Whole Wheat Roll Swiss and Cheddar Cheese Slices	2 Staff Meeting
5 Soft Pretzel Apple Slices	6 Hummus (Garbanzo beans) Warm Pita Bread	7 Whole Wheat Bagel Mandarin Oranges	8 Yogurt Banana	9 Graham Crackers Milk
12 Orangana Smoothie (Banana, vanilla yogurt & orange juice) WW Crackers	13 Boiled Egg Baby Carrots	14 Peanut Butter Pizza (Crust, Peanut Butter, Diced Apples & Sliced Bananas) Milk	15 Blueberry Muffin Applesauce	16 Whole Grain Goldfish Crackers Milk
19 Soft Bread Sticks Pizza Sauce for Dipping Milk	20 Turkey Breast Sandwich Milk	21 Carrot Sticks, Cauliflower, Cucumber Slices, Tomato Slices & Sliced Olives Ranch Dip WW Crackers	22 Frozen Berry Yogurt Popsicles Graham Crackers	23 Animal Crackers Peaches
26 ****	27 Spring	28 ****	29 Break	30 ****