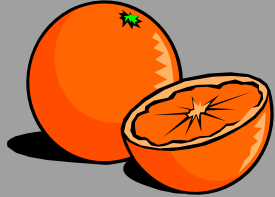


Umatilla-Morrow Head Start Breakfast
Snack for part day afternoon classes
December 2011

UMCHS is an Equal Opportunity Provider

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cornbread Peaches Milk	2 Whole Wheat Roll Chopped Grapes Milk
5 Reindeer (Ritz Crackers Peanut Butter, Raisins, Dried Cranberries, Pretzels) Peaches Milk	6 Cranberry Orange Bread Pears Milk	7 Whole Wheat Pancakes Pumpkin Butter Applesauce Milk	8 Cheerios Cereal Apricots Milk	9 Breakfast Banana Split (Yogurt, Banana, Strawberries, Pineapple Tidbits) Whole Wheat Toast Milk
12 Scrambled Eggs Flour Tortilla Chopped Red Grapes Milk <i>Quesadilla</i> <i>Chopped Red Grapes</i> <i>Milk</i>	13 Chex Cereal (Wheat or Corn) Mandarin Oranges Milk	14 Whole Wheat Banana Bread Sliced Peaches Milk	15 Pumpkin Muffins Pears Milk	16 Golden Apple Oatmeal Apple Slices Milk
19 ***	20 Winter	21 ***	22 Break	23 ***
26 Winter	27 ***	28 Break	29 ***	30 

**Menu Modifications for Part Day Afternoon class in *Italics*