

Umatilla-Morrow Head Start **Breakfast**
February 2010 **Snack for part day afternoon classes**

UMCHS is an Equal Opportunity Provider

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cinnamon Toast Mandarin Oranges Milk	2 Caterpillar (WW bread dough, pretzel sticks, raisins) Apricots Milk	3 Dutch Pancake Pears & Berries Milk <i>Whole Grain Goldfish Crackers Pears & Berries Milk</i>	4 Cheerios Cereal Banana Milk	5 Cream of Wheat Apple Slices Milk
8 Golden Apple Oatmeal Peaches Milk <i>Graham Crackers Peaches Milk</i>	9 Popovers Apricots Milk	10 Chex Cereal (Wheat or Corn) Bananas Milk	11 Cook's Choice	12 Banana Bread Apple Slices Milk
15 Holiday	16 Whole Wheat Pancakes Applesauce Milk <i>Whole Grain Crackers Applesauce Milk</i>	17 Hula Muffins (carrot & pineapple) Peaches Milk	18 Whole Wheat Cheese Toast Chopped Grapes Milk	19 Whole Wheat Bagels Bananas, Kiwi & Strawberries Milk
22 Peanut Butter and Smashed Berry Sandwich Mandarin Oranges Milk	23 Scrambled Eggs Flour Tortilla Pears & Kiwi Milk <i>Animal Crackers Pears & Kiwi Milk</i>	24 Pumpkin Muffin Banana Milk	25 English Muffin Faces (English muffin, peanut butter, shredded carrots, grape halves & pineapple tidbits) Pineapple Milk	26 Whole Wheat Roll Apricots Milk

****Menu Modifications for Part Day Afternoon class in *Italics***

